



**RISEDALE**  
A family of learners

**RISEDALE SCHOOL**

Headteacher: Mrs L Greenwood - BA (Dunelm), NPQH  
Hipswell, Catterick Garrison, North Yorkshire. DL9 4BD  
Tel: 01748 833501 | Email: [enquiries@risedale.org.uk](mailto:enquiries@risedale.org.uk)  
[www.risedale.org.uk](http://www.risedale.org.uk) | @RisedaleSchool @RisedaleFamily

Thursday, 15th May 2025

Dear parent/carer,

**SUBJECT: Y7 East Barnby Update (30th June - 4th July 2025)**

**Kit List**

With the Year 7 East Barnby residential trip fast approaching (30th June - 4th July 2025), everyone is getting really excited! Please find the kit list attached to help you prepare for this exciting adventure.

**Payment**

Please ensure all outstanding payments for the trip are made via [ParentPay](#) as soon as possible. If you have any questions regarding payment, please contact Mrs K Price in the school office.

**Photo Consent**

East Barnby requires us to confirm photo consent. If you DO NOT wish for any photographs taken during the trip to be used for the centre's promotional materials, please email me by Thursday, 22nd May 2025. If we do not receive an email from you by this date, we will assume that consent is given.

**Residential Trips Meeting**

We will be holding a brief information meeting for both parents and pupils in the school hall on Tuesday, 3rd June at 4:00 PM to answer any questions you may have about the trip. Please note that this will be a joint meeting with Year 8 parents and pupils who are also going on a residential trip this term.

If you have any other questions, please do not hesitate to get in touch with me at [hailwood.j@risedale.org.uk](mailto:hailwood.j@risedale.org.uk)

Yours sincerely,

**Mrs Jane Hailwood**

(Senior Teacher - Personal Development, Head of Science)



## **Kit list for a residential outdoor course**

Our courses involve a lot of time outdoors, whatever the weather, and there is a likelihood of clothes getting wet and/or muddy. Summer or winter conditions will dictate a different emphasis on the amount to be brought, but hard-wearing, warm clothes are required. The following should be regarded as a minimum for all 5 day courses.



You can also pre-order Bewerley Park or East Barnby Logo'd hoodies – they can be ordered by visiting the online shop at [https://www.conistonshop.com/Bewerley-Park\\_209/shop/index.php](https://www.conistonshop.com/Bewerley-Park_209/shop/index.php) or [https://www.conistonshop.com/East-Barnby\\_210/shop/index.php](https://www.conistonshop.com/East-Barnby_210/shop/index.php)

<b><u>CLOTHES FOR ACTIVITIES</u></b>	<b>Check</b>
3 pairs thick socks & 3 pairs thinner socks (not trainer socks)	
3 to 4 long sleeved fleece/hoodie/jumper/warm top	
3 to 4 trousers (no Jeans), tracksuit bottoms or doubled-up leggings are ideal	
Warm/waterproof gloves or mitts, warm hat (no bobbles or caps), scarf/buff/snood and/or sun hat	
Swimming costume	
Waterproof jacket or coat (you will be provided with a full set of water proofs when you get here too, but it is nice to have your own if its good)	
3 or 4 warm shirts / T-shirts / thermal tops (avoid cotton)	
2 pairs of trainers - 1 for normal use + 1 old pair for wet activities	

<b><u>OTHER ESSENTIALS</u></b>	<b>check</b>	<b><u>USEFUL ITEMS</u></b>	<b>check</b>
Several changes of underwear		Wellington boots	
Socks (for when not on activities)		Torch + spare batteries	
2 good-sized towels		Small daysack	
Personal medication		Writing materials	
Plasters for blisters		Books/playing cards	
Toiletries, etc. *		Lypsyl or lip salve (all year)	
Sun block - Factor 30 minimum /sun hat		<b>2-3 black bin liners - important!</b>	
Sunglasses / Sun hats		Pocket money	
Drinks Bottle (1 litre min)		Cuddly Toy	
Pyjamas or night-clothes		Flip Flops/Sliders (for the shower ONLY)	
Casual clothes for evenings		a spare pair of shoes (NOT sliders/flip flops)	

All specialist outdoor equipment will be provided by the centre (eg – wetsuits, waterproofs, helmets, etc) Students are asked to make sure that their name is on their clothing and personal possessions – this is especially important for medication such as inhalers.

Remember you may be in a dormitory with 12 or more people. The centre cannot accept responsibility for any valuables, we do not have a safe for student valuables and centre staff are not allowed to look after them.

About £10 is plenty to bring on a 5-day course, as spending money. It is very useful if students bring small change for the tuck shop and pool tables.

The course is an opportunity to experience a simpler life and experience time away from the on-line world and the consumer society – please do not bring mobile phones, ipods, ipads etc...talk to each other, listen to the sound of the wind in the trees, bird calls and mountain streams.

*(Mobile phones will certainly not be allowed on activities or in the canteen, and time on devices such as phones will be limited).*

\*Please note that aerosol deodorants are not allowed at the centre as they set the smoke alarms off! Please bring a suitable alternative.

On your arrival day please bring your own packed lunch. If possible, can lunches be sent in environmentally friendly disposable packaging to ensure hygiene and ease of disposal. All other food is provided during the week. Please do not bring too many sweets. We don't want you feeling sick!